CHWS LEARN

Motivational Interviewing (MI)

A conversation around vaccine hesitancy in adults.

WHO (YOU?)

If this describes you, please come!

l am a community member or Community Health Worker,

patient navigator, peer support worker, outreach worker, care coordinator, etc.

After this training, participants will be able to:

- Learn active listening's role in behavior change.
- Understand MI's guiding principles and processes.
- Address discord in relationships.
- Share vaccine info to reduce hesitancy.
- Practice OARS skills and encourage change talk.

WHAT VIRTUAL + FREE!

Motivational Interviewing (MI) is a very specific way of having a conversation about change. The process of Motivational Interviewing discovers each person's values and interests. It is designed to decrease barriers and increase readiness to make a change. These interactive training sessions will give you the practice to guide and bring awareness to clients about the discrepancy between their current behavior and their future goals, assisting them to make meaningful life changes

Please note that participants must attend both sessions and have video and audio for practice activities WHEN Wednesday April 9 & 16 9am-12pm



PRESENTED BY

Lisa Stockwell, M.Ed.

Motivational Interviewing Trainer (MINT) It's Your Journey! LLC

REGISTER TODAY >>>> <u>https://bit.ly/AprilMIVaccineHesitancy</u>









This document financed under a Contract with the State of New Hampshire, Department of Health and Human Services, with funds supported by the Centers of Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award by CDC/HHS "NH Initiative to address COVID-19 Health Disparities grant #NH750T000031". The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.