CHWSELEARN

Trauma-Informed Care Recognizing and Responding to Trauma

WHO (YOU?)

If this describes you, please come!

l am a community member or Community Health Worker,

patient navigator, peer support worker, outreach worker, care coordinator, etc.

WHEN

Monday April 7 9am-12pm

WHAT VIRTUAL + FREE!

Trauma-Informed Care is an approach that recognizes the impact of trauma on individuals and emphasizes safety, trust, and empowerment in client interactions. This interactive training will equip **Community Health Workers** (CHWs) with the knowledge and tools to identify trauma responses and provide person-centered, traumasensitive support. Participants will explore how trauma affects the brain and behavior. learn strategies for responding with empathy, and understand when to refer clients to specialized services for further care.

After this training, participants will be able to:

- Understand how trauma affects brain function, behavior, and overall wellbeing.
- Recognize signs of trauma in children and adults.
- Apply trauma-informed communication techniques to foster trust and safety.
- Implement person-centered strategies to support clients while avoiding retraumatization.
- Identify when and how to refer clients to specialized trauma services.

PRESENTED BY

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Licensed Psychologist/Director Center for Trauma-Responsive Practice Change

REGISTER TODAY >>>> <u>https://bit.ly/CHWsLearnTrauma-InformedCare</u>









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